

Doodle growth journal

Plot recorded weights, keep milestone notes, and make a card to share with your family.

Fill this PDF in a compatible PDF reader, or print it and write by hand. Save a copy to keep your answers.

Dog's name

A milestone to remember

First trip to the beach, a new cue, or a favorite moment.

Reference photos and memories

Keep photos beside this worksheet. Label each photo and write down what you want to remember about it.

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Recorded measurements (pounds)

Date	Weight (lbs)	Notes

Before you finish

- ☐ Use the same units for every entry.
- ☐ Record the date and weight rather than relying on memory.
- ☐ Note changes in routine alongside your entries.
- ☐ Bring questions about growth or weight to your veterinarian.

The chart shows the measurements you enter. It does not diagnose health, calculate an ideal weight, or validate the adult-size predictor.